

Primary Sabbath School Lessons

FIRST YEAR, FOURTH QUARTER



**From the Birth of
Moses to Sinai**

PRIMARY
SABBATH SCHOOL LESSONS

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FROM THE BIRTH OF
MOSES TO SINAI

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Introduction

Let us learn something about Egypt so we can imagine the kind of place where the children of Israel lived. Egypt is still in existence today as a nation and is one of the oldest in the world. One of the sons of Ham settled there.

The ancient Egyptians believed that their first rulers were gods. They had many gods. They worshiped living animals, the sun, moon, and stars, air, storms, fire, clouds, rivers, etc. Their most important gods were the sun, moon, and planets. They made beautiful temples to these gods. In fact, the land was covered with such temples.

There were many priests. Each king was a priest. The high priest usually belonged to the royal family. Every priest wore white linen clothes, and his head was shaved. Twice a day, the priests washed their entire bodies. There were many religious holidays.

All of the Egyptian kings were called Pharaohs. Huge pyramids were built to bury some of their kings with all their treasures. They believed that when a person died his soul came back in an animal. That was one reason why they worshiped animals.

The Nile River flows through Egypt. Without it, Egypt would be a big desert. The waters of the Nile rise in June and overflow, watering the land and producing abundant crops. If the river did not rise high enough, a kind of water wheel that could be pumped by foot was used to raise the water and pour it into ditches, which carried it to the fields.

The Nile River flows into the Mediterranean Sea through several channels across what is called the delta. In this area was the land of Goshen, where the Israelites lived. It was when Egypt was a powerful nation that the children of Israel lived there. Through them the Egyptians gained a knowledge of the true God, but they refused to believe in Him.





Lesson 1



SAVING A BABY

MEMORY VERSE: “BY FAITH MOSES, WHEN HE WAS BORN, WAS HID THREE MONTHS OF HIS PARENTS, BECAUSE THEY SAW HE WAS A PROPER CHILD; AND THEY WERE NOT AFRAID OF THE KING’S COMMANDMENT.” **HEBREWS 11:23.**

 **MATCH THE WORDS IN COLUMN 1 WITH THOSE IN COLUMN 2 BY WRITING THE CORRECT LETTER ON THE LINE.**

- | | |
|---------------|---|
| a. Israelites | ___ Slavery |
| b. Pharaoh | ___ Name of God's people |
| c. Taskmaster | ___ King of Egypt |
| d. Bondage | ___ A person who tells workmen what to do |

1. Why were the children of Israel very sorrowful? Exodus 2:23.
2. Month after month and year after year, the Israelites worked under the cruel taskmasters. The harder they worked, the greater their numbers grew. This troubled the ruling Pharaoh. What cruel order did he give? Exodus 1:22.
3. What were the names of Moses' parents? They were both from the same tribe. Which one was it? Numbers 26:59; Exodus 2:1.

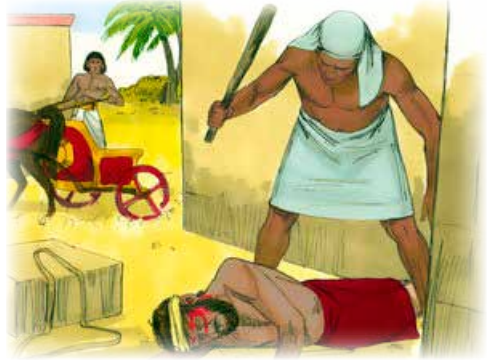
4. What plan did they make to save the baby? Exodus 2:2-4.
5. Was the plan successful? What happened? Exodus 2:5-9.
6. Who named the baby? Why was he called this? Exodus 2:10.
7. Whom did Moses remember in his youth? Ecclesiastes 12:1.

Moses' mother knew that she would be able to keep her son only until he was twelve. Then he must go and live with the princess. His family was poor, but in the home of the princess Moses could have anything. He would be sent to the schools of Egypt. He would be around those who worshiped idols. Therefore, his mother taught him to love and obey God. He was taught how God always takes care of His children. He heard how some day the children of Israel would return to Canaan. When he went to live in the palace, he was young, but not too young to remember his Creator and make up his mind always to be true to Him.





Lesson 2



A HUGE MISTAKE

MEMORY VERSE: "BY FAITH HE FORSOOK EGYPT, NOT FEARING THE WRATH OF THE KING: FOR HE ENDURED, AS SEEING HIM WHO IS INVISIBLE." HEBREWS 11:27.

One day Moses was in the tiny house he shared with his family, who were slaves; and the next day he went to a beautiful palace. The Egyptian princess became his mother, and the Pharaoh became his grandfather.

1. What did Moses learn in school? Acts 7:22.

The time came when Moses had to make an important decision. The priests of Egypt were his teachers. They told him that if he did not give up the Hebrew faith, the princess would disown him. Then he could never be king. By law in Egypt, you must be a priest if you were ever to become a king. That meant worshipping idols.

2. What choice did Moses make? Hebrews 11:24, 25.
3. Many times Moses went to visit his people and see them working. One day he saw something that made him very upset. What was it, and what did he do? The following day, what happened to make him understand that he had made a big mistake? Exodus 2:11-14.

4. Moses was in trouble. What did he do? Exodus 2:15.

God led Moses out of Egypt to a quiet place where He could teach him of His power. Moses was wrong in thinking he was to deliver his people by his own strength. God was going to deliver them by His own mighty power.

5. With whom did Moses find a home? What did he do for a living? Exodus 3:1.

6. What happened in Egypt? Who heard the cries of the children of Israel? What did He remember? Exodus 2:23, 24.

7. What did Moses learn during the 40 years he spent taking care of the sheep in the wilderness? Circle the letters to the correct answers.

- a. To rely on his own human strength
- b. Patience
- c. Humility
- d. Pride
- e. Longsuffering

It was during his stay in the wilderness that Moses wrote the books of Genesis and Job.



 **LIST THE BOOKS OF THE BIBLE THAT MOSES WROTE.**





Lesson 3



THE CALL OF MOSES

MEMORY VERSE: "AND HE SAID, DRAW NOT NIGH HITHER: PUT OFF THY SHOES FROM OFF THY FEET, FOR THE PLACE WHEREON THOU STANDEST IS HOLY GROUND." **EXODUS 3:5.**

1. One day when Moses was leading a flock of sheep to Mount Horeb, he saw a strange sight. What was it? Exodus 3:2.
2. Moses stopped to see this strange sight. Out of the bush he heard a voice saying, "Moses, Moses." Why did Moses take off his shoes? Exodus 3:5.

It was God's presence that made the bush burn with fire. Every place where God meets with His people is holy.

3. God loved His people and knew they were in great trouble. He told Moses that He had heard their prayers and had great plans for them. What did God now tell him? What did Moses reply? Exodus 3:10, 11.



FILL IN THE MISSING WORDS FROM EXODUS 3:12, 15.

“And He said, Certainly I will _____;...

And God said moreover unto Moses, Thus shalt thou say unto the children of Israel, The Lord God of your fathers, the God of Abraham, the God of Isaac, and the God of Jacob, _____
_____.”

4. “They will not believe me,” said Moses. “What do you have in your hand?” asked God. “A rod,” said Moses. What did God command him to do? Exodus 4:3, 4.

Would you have trusted God enough to believe that the snake would not bite you? Moses did. That was a test of his faith.

5. The miracle of the rod was to show the Hebrews that Moses was sent by God. If they did not believe the first sign, what two other miracles did God show Moses? Exodus 4:6-9.
6. Was Moses finally ready to believe and trust God? Exodus 4:10.
7. God was patient with Moses. He knew that it had been forty years since he had spoken the Egyptian language. He asked Moses, “Who hath made man’s mouth?” Then what did He tell him? Exodus 4:12.

Still Moses was not ready to go. The Lord then promised to send his brother Aaron to meet him. It was not pleasing to God for Moses to distrust His power to make him able to do what He had called him to do.



DRAW A PICTURE OF MOSES' ROD, THE MIRACLES GOD SHOWED HIM TO DO WITH IT, AS WELL AS THE OTHER MIRACLES.



Lesson 4



BEFORE PHARAOH

MEMORY VERSE: "WHEREFORE SAY UNTO THE CHILDREN OF ISRAEL, I AM THE LORD, AND I WILL BRING YOU OUT FROM UNDER THE BURDENS OF THE EGYPTIANS, AND I WILL RID YOU OUT OF THEIR BONDAGE, AND I WILL REDEEM YOU WITH A STRETCHED OUT ARM, AND WITH GREAT JUDGMENTS." EXODUS 6:6.

While the Lord talked to Moses at the burning bush, angels were sent to Egypt to talk to Aaron. "Go into the wilderness to meet Moses," they said. Out in the desert the brothers met, and Moses told Aaron all that had happened and why God was sending them to Egypt. It was more than 100 miles from Mt. Horeb to Egypt. As Moses and Aaron prayed and talked over the work, they were ready to do anything God asked them to do.

1. When the brothers reached Egypt, who did they meet with first? How was their message received? Exodus 4:29-31.
2. Then Moses and Aaron went to see Pharaoh. What did they request? Exodus 5:1.
3. What did Pharaoh answer? Exodus 5:2.

When the children of Israel became slaves, they had to work on the Sabbath day. Moses told the people they must obey God if they expected Him to deliver them. Now they were ready to obey God.

4. When Pharaoh heard about this, what did he do? Exodus 5:6, 7, 10, 11.

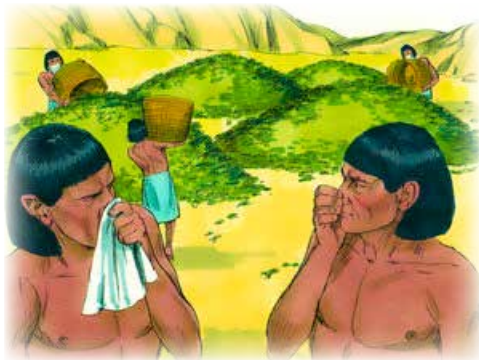
5. Now the children of Israel found fault with Moses and thought it would be better to keep on being slaves than to suffer even more. They were not ready to trust God completely. Moses prayed to God about this, and He gave him seven promises. Exodus 6:6-8. Complete the phrases containing the promises:
 - a. I will bring you _____
 - b. I will rid _____
 - c. I will redeem _____
 - d. I will take _____
 - e. I will be _____
 - f. I will bring _____
 - g. I will give it _____

6. Write down some characteristics of the Egyptian religion. See the Introduction on page 4.





Lesson 5



THE PLAGUES, Part 1

MEMORY VERSE: “AND THE EGYPTIANS SHALL KNOW THAT I AM THE LORD, WHEN I STRETCH FORTH **MINE** HAND UPON EGYPT, AND BRING OUT THE CHILDREN OF ISRAEL FROM AMONG THEM.” **EXODUS 7:5.**

1. The Lord told Moses and Aaron to go see Pharaoh again. What would Pharaoh ask for? What did Aaron do? Exodus 7:8-10.
2. Who did the same thing? What surprise came to Pharaoh and his servants? Exodus 7:11, 12.

It was by magic that the magicians made their rods look like serpents. Snakes were worshiped by the Egyptians.



3. The Pharaoh did not want to listen to God's command given by His servants. What plague did He upon the land of Egypt after telling Moses to have Aaron lift his rod over the water? Exodus 7:20, 21.
4. Who imitated this plague? Exodus 7:22.

5. How did the Egyptians get fresh water? How long did the plague last? Exodus 7:24, 25.

The Egyptians worshiped the Nile River. Do you know why? Every spring the river overflows. Its muddy waters bring in rich soil. As the water stands, the soil settles, leaving a rich layer of soil in which to plant seeds.

6. Moses and Aaron went before Pharaoh again. Still he refused to let the Israelites go. What second plague did God send? Exodus 8:5, 6.

7. Who also brought up frogs? Exodus 8:7.

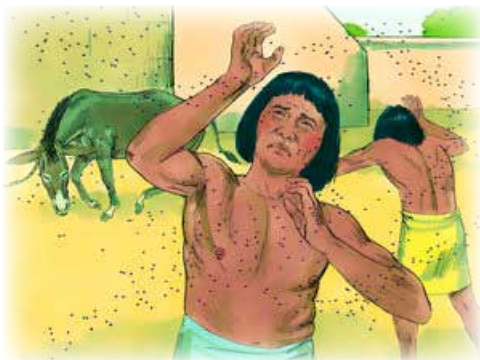
Frogs came from everywhere. They went into houses, ovens, beds, and even into the kneading troughs where the women were making bread. How tired the Egyptians got of hearing and seeing them. They would not kill any of them, because the frogs reminded them of a god they worshiped. Not even the wise men could get rid of them.

8. Pharaoh sent for Moses and Aaron. What did he promise? Did he now believe in the true God? Exodus 8:8, 13-15.





Lesson 6



THE PLAGUES, Part 2

MEMORY VERSE: “O TASTE AND SEE THAT THE LORD IS GOOD: BLESSED IS THE MAN THAT TRUSTETH IN HIM.” PSALM 34:8.

1. When the second plague was over, the people of Egypt must have wondered what would happen next. They did not have to wait long. What was the third plague? Exodus 8:16, 17.
2. What were the wise men unable to do? What did they say to the Pharaoh? Exodus 8:18, 19.

No one could protect himself from these pests. It made the Egyptians angry to see the animals they worshiped covered with lice. They could not worship an animal in this condition. One of their greatest gods was called Osiris, who supposedly lived in heaven. In one of their rituals, the priests chose a black bull with some white spots to represent this god. The animal was taken to the temple, bathed, and covered with a robe. Then the people worshiped it.



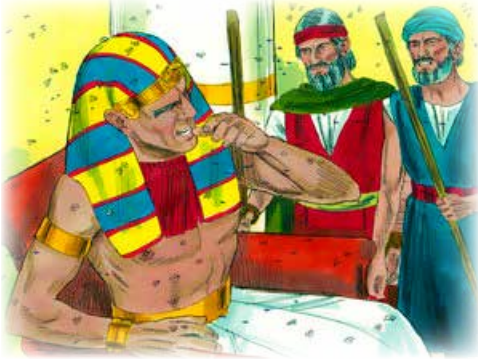
3. Pharaoh knew that men and beasts were suffering, but he would not let Israel go. One morning Pharaoh met Moses and Aaron at the river. What did God say would happen next? Exodus 8:21.
4. Another sign was given by which Pharaoh would know that the Lord's care was over His people. What was it? Exodus 8:22, 23.



5. What did Pharaoh promise? Exodus 8:28, 31, 32.
6. Read Exodus 9:1, 3, 6, 7, 8, 9, 12, and fill in the missing words.

Four horrible plagues were over. They had been sent to show Pharaoh and the Egyptians that the _____ of the Hebrews was the _____ of the earth. The fifth plague came upon the animals of Egypt: the _____ of the Lord was upon the _____ in the field, upon the _____, upon the _____, upon the _____, upon the _____, and upon the sheep. It was called _____. God watched over His people. In Egypt, all the cattle _____. Pharaoh remembered what the Lord had said about the cattle of the children of Israel. He sent some people to check and found that not one of the _____ of Israel was _____. Still his heart was _____.

The Lord now commanded Moses and Aaron to take the _____ of the _____ and sprinkle them toward heaven. They became _____ on _____ and beast. This brought great suffering, but still Pharaoh was not willing to let the _____ go.





Lesson 7

THE PLAGUES, Part 3

MEMORY VERSE: "BECAUSE THOU HAST MADE THE LORD, WHICH IS MY REFUGE, EVEN THE MOST HIGH, THY HABITATION; THERE SHALL NO EVIL BEFALL THEE, NEITHER SHALL ANY PLAGUE COME NIGH THY DWELLING." **PSALM 91:9, 10.**

1. What warning did God now send to Pharaoh? Exodus 9:18, 19.
2. What type of storm came? Exodus 9:23-25.

 **DRAW A PICTURE OF THE STORM.**

3. Did some Egyptians believe the words of God? What did they do? Exodus 9:20.

4. Where was there no hail? Exodus 9:26.
5. Pharaoh was frightened. What words did his proud lips utter? Exodus 9:27, 28.
6. Pharaoh changed his mind after the storm stopped, and he refused to let Israel go. What would happen now to the green things that were left after the hail storm? Exodus 10:4, 5.
7. What did Pharaoh's servants tell him? Exodus 10:7.
8. Pharaoh thought about what his servants said and called for Moses and Aaron. He told them to go serve the Lord—but only the men. But then he became angry and sent them away. God sent the plague of locusts. Pharaoh called for Moses and Aaron. What did he say? Exodus 10:17, 19.

 **DRAW A LOCUST OR GRASSHOPPER.**





Lesson 8



THE PLAGUES, Part 4

MEMORY VERSE: "THROUGH FAITH HE KEPT THE PASS OVER, AND THE SPRINKLING OF BLOOD, LEST HE THAT DESTROYED THE FIRSTBORN SHOULD TOUCH THEM." **HEBREWS 11:28.**

1. The people of Egypt were filled with fear. What was the ninth plague, and how long did it last? Exodus 10:20, 22.

The Egyptians worshiped the sun and the moon. With the plagues God was trying to teach the people of Egypt that their gods had no power.

2. Pharaoh called Moses and Aaron and told them they could go and serve the Lord but to leave the flocks and herds. What did Moses reply to this? Exodus 10:26.
3. Pharaoh became very angry. What did he say? Exodus 10:28, 29.
4. What was the last of the ten plagues? Exodus 11:4, 5.

5. What were the Israelites instructed to do so their firstborn children would not be harmed when the Lord passed through the land of Egypt? Exodus 12:21-23.

How thankful the Israelites were for God's plan to save their firstborn. Later, the Passover service reminded them of everything that happened on the last night in Egypt, when God delivered them from the Egyptians.

6. Just before the last plague, what were the children of Israel told to ask the Egyptians for? Exodus 11:2, 3.

God knew that the children of Israel had worked hard and that their wages few. It was right for them to take everything that the Egyptians would give them. God gave them favor in the sight of the Egyptians.

 **DRAW LINES MATCHING THE WORDS IN COLUMN A WITH THE CORRECT ANSWERS IN COLUMN B. SEE EXODUS 12:3-13.**

Column A

- Passover
- Passover Lamb pointed to
- Bitter herbs pointed to
- Hyssop
- Leaven represents
- Midnight
- Passover eaten with

Column B

- Used to put blood on the door post
- Sin
- Death angel passed by
- Bondage in Egypt
- Shoes on
- Last night in Egypt
- Jesus





Lesson 9

LEAVING EGYPT

**MEMORY VERSE: "BEHOLD, HE THAT KEEPETH ISRAEL SHALL NEITHER SLUMBER NOR SLEEP."
PSALM 121:4.**

1. At midnight a great cry arose in all the land of Egypt. There was death in each house. In Goshen it was different. All was silent. Soon after midnight what joyful news came? Exodus 12:31, 32.

Everyone left in perfect order. The people were divided into companies with a leader. Like an army they marched five in a row. Before daylight, they were on their way.

2. About how many people left Egypt? Exodus 12:37, 38.
3. Who went with them? Exodus 13:21, 22.
4. God did not lead His people to the shortest way to Canaan. He knew they were not ready to trust Him fully when danger came. In a few days they came to the Red Sea and camped. Back in Egypt, what did Pharaoh do? Exodus 14:5-7.

5. One day the children of Israel saw a cloud of dust in the distance behind them. On both sides were mountains, and in front of them was the sea. Were they frightened? Did they have faith? What did they wish? Exodus 14:11, 12.

6. What did Moses tell them? Exodus 14:13, 14.

7. When the Egyptian army came, what happened? Exodus 14:19, 20.

8. When we are in danger, do we have to be afraid? Psalm 91:11.

God has promised always to take care of His children. It is very important for everyone to trust Him, to believe Him, and to have faith in Him. If we complain when problems come, it takes much longer for God to get us through the difficulty.





Lesson 10



DELIVERANCE

MEMORY VERSE: "HE DIVIDED THE SEA, AND CAUSED THEM TO PASS THROUGH; AND HE MADE THE WATERS TO STAND AS AN HEAP." PSALM 78:13.

 **FILL IN THE MISSING WORDS FROM EXODUS 14:20, 21.**

1. During the night, the pillar of cloud was _____
to the Egyptians, but to the children of Israel it was
_____. God told Moses to lift up his _____ over
the sea. All night a strong _____ blew.
2. What happened to the water? Exodus 14:22.
3. What a strange sight! People and flocks marching through the
sea on dry land. As the cloud and people moved through the
path in the sea, what did the Egyptians do? Exodus 14:23.
4. The Egyptians were sure they could capture the children of
Israel, but God stopped them. How? Exodus 14:24-26.

5. The Egyptians started to return to shore, but it was too late. What happened to that proud, wicked king and his army? Exodus 14:28.

6. What a wonderful deliverance! Whom did the people believe? Exodus 14:31.

Moses and the children of Israel were very thankful to God for His care over them. They sang a song to God. This song is found in Exodus 15.

 **Fill in the missing words from verses 2, 4, 10, 11, 13, 18.**

“The Lord is my _____ and _____. He
 is become my _____.... Pharaoh's
 _____ and his host hath He _____ into the
 _____. Thou didst _____ with Thy _____,
 the _____ covered them:... Who is like unto _____,
 O _____, among the gods? who is like _____,
 glorious in _____, fearful in _____,
 doing _____? Thou in Thy _____
 hast led forth the _____ which Thou hast
 _____. The _____ shall reign for
 _____ and _____.”



Lesson 11

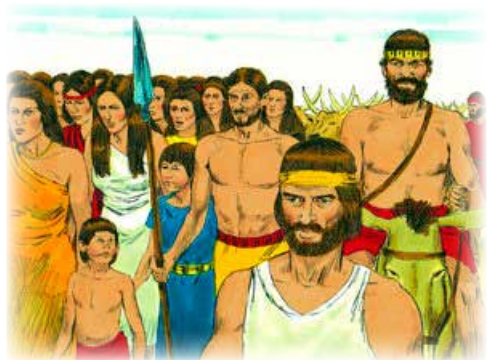


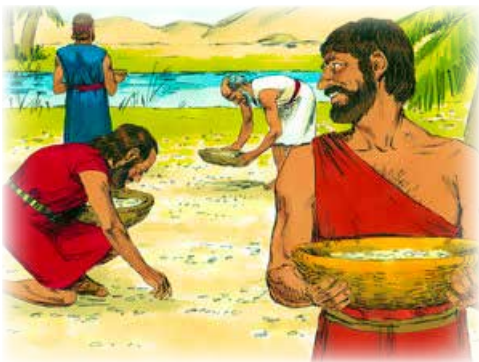
BITTER AND SWEET

MEMORY VERSE: “AND SAID, IF THOU WILT DILIGENTLY HEARKEN TO THE VOICE OF THE LORD THY GOD, AND WILT DO THAT WHICH IS RIGHT IN HIS SIGHT, AND WILT GIVE EAR TO HIS COMMANDMENTS, AND KEEP ALL HIS STATUTES, I WILL PUT NONE OF THESE DISEASES UPON THEE, WHICH I HAVE BROUGHT UPON THE EGYPTIANS: FOR I AM THE LORD THAT HEALETH THEE.”
EXODUS 15:26.

1. With happy hearts, the Israelites started on their journey from the Red Sea. Their enemies were gone. The sun was hot, and the road was dusty. For three days they traveled without water. Soon a joyful shout arose, “Water, water!” But then, what was wrong with the water? Exodus 15:23.
2. What did the people do? Exodus 15:24.
3. How did God answer Moses' prayer? Exodus 15:25.
4. What promise did God give them? Exodus 15:26.

5. To what pleasant place did God now lead them? Describe it. Exodus 15:27.
6. After the people rested for several days, God led them into a desert country. What was it called? Exodus 16:1.
7. Now a new trouble arose. There was little grass for the flocks, and their own food was nearly gone. The people forgot God. What did they do? Exodus 16:2.





Lesson 12

A LESSON ON SABBATH KEEPING

MEMORY VERSE: "REMEMBER THE SABBATH DAY, TO KEEP IT HOLY." EXODUS 20:8.

1. The Israelites wished they were in Egypt again. They even wished they had died in Egypt. God promised them something. What was it? Exodus 16:4, 14, 15.
2. What was the food called? Did it taste good? Psalm 78:24, 25; Exodus 16:31.
3. What was the first lesson God gave about keeping the Sabbath holy? Exodus 16:26.
4. What happened when someone did not obey and went to gather manna on the Sabbath? Exodus 16:27.
5. How much manna did the people gather every day? What happened if they gathered too much and tried to keep it for the next day? Exodus 16:16, 19, 20.

6. What did Moses tell them about preparing food for the Sabbath day? Exodus 16:23, 24.

7. What did some people do on the seventh day? Exodus 16:27.

8. What must we remember? Exodus 20:8.



DRAW A PICTURE OF CHILDREN GATHERING MANNA IN BASKETS. THEN COPY THE COMMANDMENT THAT WE STUDIED IN THIS LESSON.



Lesson 13

TO SINAI

MEMORY VERSE: “FOR THOU ART MY ROCK AND MY FORTRESS; THEREFORE FOR THY NAME’S SAKE LEAD ME, AND GUIDE ME.” **PSALM 31:3.**

1. The Israelites continued their journey and came to a place called Rephidim. There was no water, and the people became angry with Moses. What did they ask for? Exodus 17:2, 3.
2. Moses asked them why they did not trust in God. He was patient. He did what they should have done—prayed to God. What did God tell him to do? Exodus 17:6.

The people watched when Moses struck the rock. It was the power of God that made water come from the solid rock. Do you think they bowed their heads and thanked God for the water? We should always be thankful for His great blessings.

The people in the countries through which the Israelites passed heard of the amazing things that God had done for them. They feared Israel’s God. However, one nation did not and made fun of the other nations for being afraid.

3. What nation was attacked Israel? Exodus 17:8.

The Israelites had done nothing against the Amalekites. God wanted the Israelites to trust Him and not murmur. He allowed their enemies to come out to war against them.

4. Who was chosen to lead the battle? What happened? Exodus 17:9-13.


5. What did God say would happen to the Amalekites? Exodus 17:14.

6. What great surprise did Moses receive? Exodus 18:5, 6.

7. Moses' father in law, Jethro, came for a visit and saw that Moses had too much to do. What did he suggest? Exodus 18:21, 22.

8. Where did the Israelites now go? Exodus 19:1, 2.

9. To whom should we always turn—in good times and bad? Psalm 31:3.

 **WRITE DOWN AN EXPERIENCE IN WHICH GOD PROTECTED YOU, SOMEONE IN YOUR FAMILY, OR A FRIEND.**